

# Fox & Rocha

PRESENT...

FOX & ROCHA  
PRESENTS

## The Sleeping Seeds



BSL integrated  
performance

A playful music theatre show for families.

Two musical gardeners go on an adventure to  
raise a seedling and raise a racket. Rake & Roll!

The Sleeping Seeds are musical gardeners who have a very special seed asleep in their seed bed. Join them as they nurture and encourage this little seed to mature and take its place in the world. Expect catchy songs, unusual instruments and fun joining in!

*'A riveting performance throughout with a perfect combination of musical ingenuity and creative storytelling with outstanding British Sign Language to support understanding for younger members of the audience as well as being inclusive for those who require it to access the story. Memorable and mesmerising.'*

- Audience member



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This is a relaxed inclusive performance for all ages. The show can be performed with integrated BSL (additional fees required for BSL performer/ interpreter).

The show explores themes of growing up, of feeling different or alone and finding a place in the world. The live music we weave into the show invites participation.

The artists Fox & Rocha combine their signature sounds of voice, harp, strings and bellows, alongside sounds with unusual instruments, including garden objects such as watering cans and trowels.

The show provides a range of opportunities to encourage further creative learning projects with children as a wraparound to the performance experience, including exploring gardening and nature, music making, and storytelling.

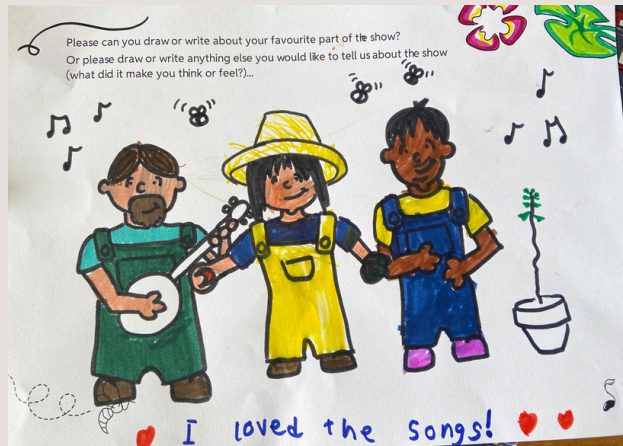
*'The combination of both storytelling and music was just magical all the way through, both myself and my 2-year-old were enthralled for the full show, Just brilliant!*

- Audience member





*'I loved the simple tale, interactivity & inclusiveness. All ages welcomed. All ages of abilities & disabilities welcomed & encouraged to partake! Very Very good! I hope more community groups will see the production. :)' – Audience Member*



# Booking Details

Available for touring:	Dates available throughout 2025/2026
No. of performers:	2 or 3 (if integrated BSL is included)
Total no. on the road:	4 or 5
Performance space:	Can be performed outdoors or indoors Performance area minimum 4.5m wide x 3m deep 3-4 m deep for audience on floor mats on the same level as performance area, in front of seats
Outline Technical requirements:	Basic wash lighting for indoor black box venues
Technical staff required:	Self-contained show tours with technician
Running time:	Full length show 45 minutes, short show 15 minutes
Get-in/ out:	2 hours get-in, 1 hour get-out
Number of shows a day:	2 x full length shows or 4 x 15 minutes in one day
Audience capacity:	Dependent on venue, maximum 100 (40-50 children plus adults)
Target audience:	Families with children aged 2+
Trailer:	<a href="https://youtu.be/r_cYTAOHGRE?si=ugBZdSbtQlbtH6zz">https://youtu.be/r_cYTAOHGRE?si=ugBZdSbtQlbtH6zz</a>
Full length performance:	<a href="https://vimeo.com/1000454928/c95b64753f?share=copy">https://vimeo.com/1000454928/c95b64753f?share=copy</a>
15 minute performance:	<a href="https://drive.google.com/file/d/18uZfN3QY3dOauzQZj7hiJNsl7vkezeJg/view?usp=sharing">https://drive.google.com/file/d/18uZfN3QY3dOauzQZj7hiJNsl7vkezeJg/view?usp=sharing</a>
‘Eh Tomatito’ music video:	<a href="https://youtu.be/S2WFzqKP_SE?si=12F9dU7SvzZJuMxV">https://youtu.be/S2WFzqKP_SE?si=12F9dU7SvzZJuMxV</a>
Wraparound:	Activity and colouring sheet provided for audience plus feedback sheets for audience to draw/ write their favourite part of the show. Additional craft activities such as ‘Tomatito’ tomato shakers or seed planting and seed label decorating available at an additional cost.
Contact:	Jenny Martin, Curiosity Productions E: <a href="mailto:jenny@curiosityproductions.co.uk">jenny@curiosityproductions.co.uk</a> T: 07967 187822 <a href="http://www.curiosityproductions.co.uk">www.curiosityproductions.co.uk</a>





# Marketing

Digital and printed marketing assets will be provided

Print provided (inc. delivery to your venue):

300 x A5 double sided flyers

10 x A3 or A4 posters

Digital assets provided:

Portrait and landscape images

Digital A4 poster (PDF & png)

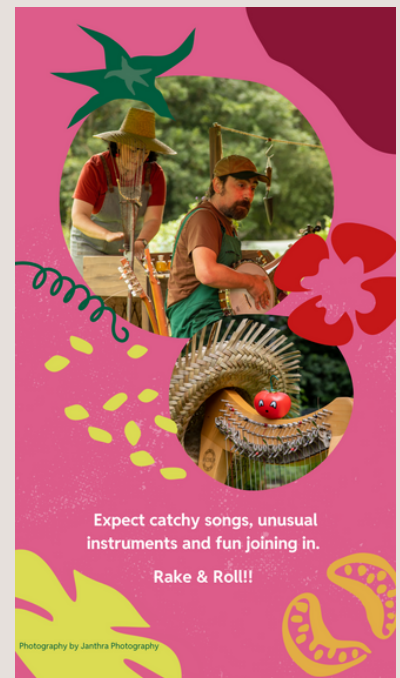
Graphics for socials (squares for posts and portrait screen for stories)

Trailer: [https://youtu.be/r\\_cYTAOHGRE?si=ugBZdSbtQlbtH6zz](https://youtu.be/r_cYTAOHGRE?si=ugBZdSbtQlbtH6zz)

'Eh Tomatito' music video: [https://youtu.be/S2WFzqKP\\_SE?si=12F9dU7SvzZJuMxV](https://youtu.be/S2WFzqKP_SE?si=12F9dU7SvzZJuMxV)

Example of digital assets:

Stories



Poster

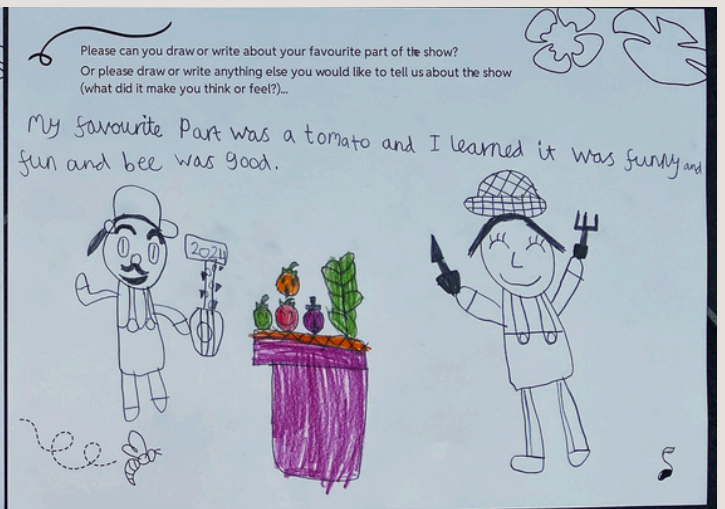
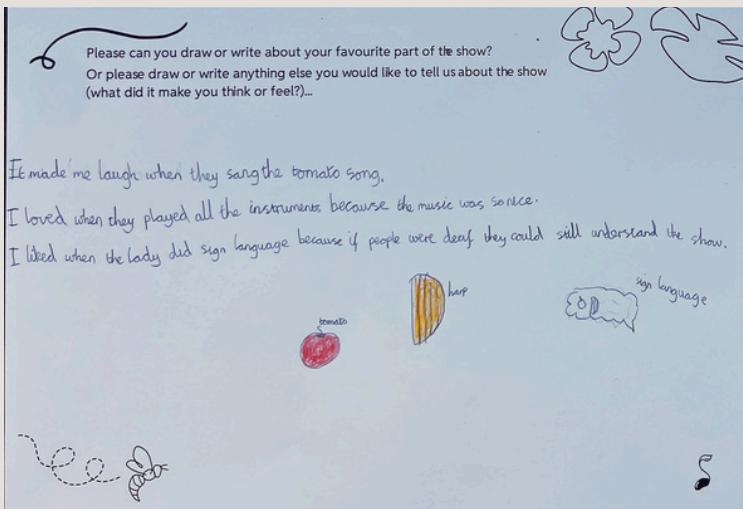
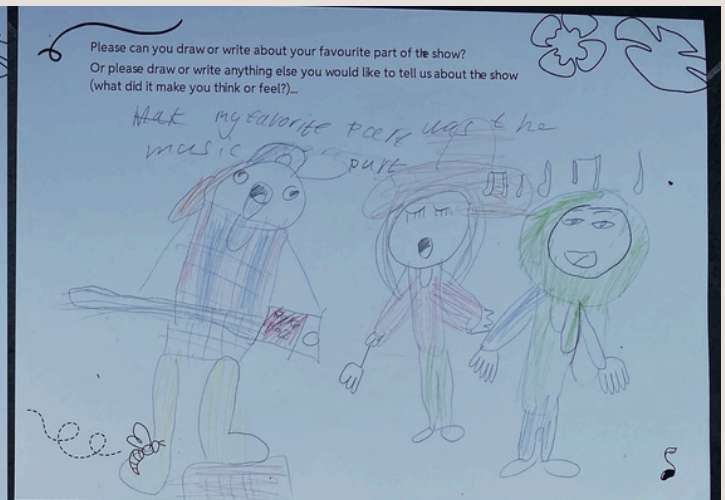
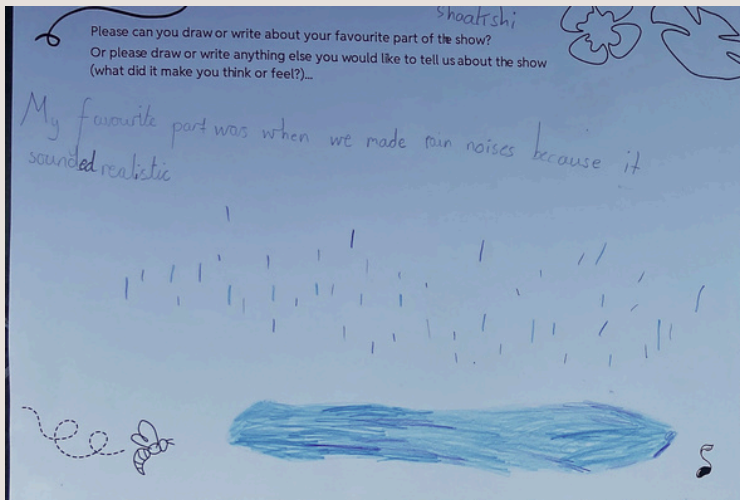
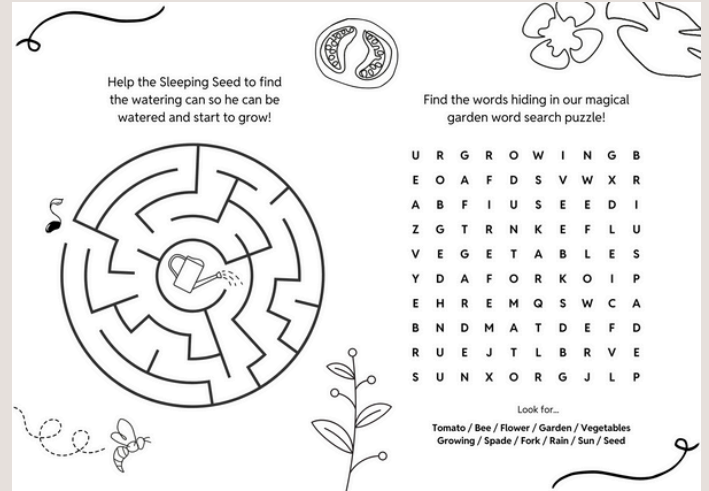
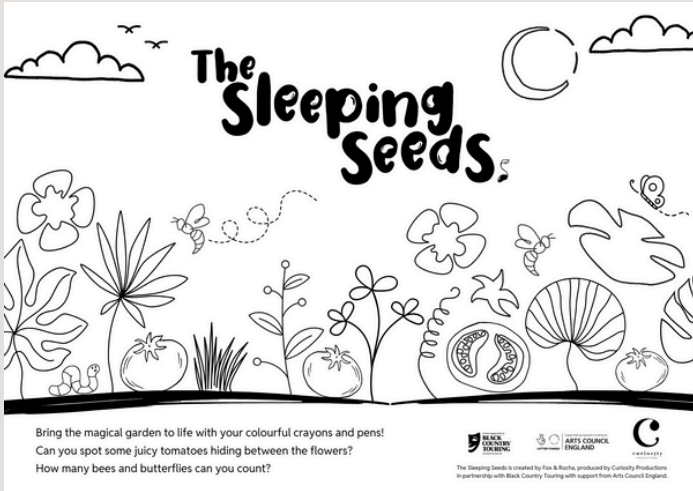


Posts



# Wraparound

Activity sheets and feedback sheets provided





# Wraparound

Additional wraparound activities available - self guided or artist led.  
Cost dependent on participant numbers and type of activity.



The Sleeping Seeds

## Tomatito Tomato Shaker



1. Get two cups and put a small amount of rice in one cup



2. Place the empty cup on top of the other cup



3. Use some red tape to stick the two cups together



4. Use the eye stickers and pens to decorate your shaker





# Contact Us

Fox & Rocha work with Curiosity Productions to develop and produce their shows and projects. Please contact Jenny at Curiosity Productions to discuss booking the Sleeping Seeds at your venue, garden, school, festival or event.

Jenny Martin, Curiosity Productions  
E: [jenny@curiosityproductions.co.uk](mailto:jenny@curiosityproductions.co.uk) T: 07967 187822  
[www.curiosityproductions.co.uk](http://www.curiosityproductions.co.uk)

Fox & Rocha also have other shows available to tour.  
Go to [curiosityproductions.co.uk/fox&rocha](http://curiosityproductions.co.uk/fox&rocha) to find out more





# More About Fox & Rocha and Curiosity Productions

The Sleeping Seeds team are all experienced professionals, each with over 20 years experience in the industry.

## Fox & Rocha

The Sleeping Seeds are led by singer and harpist **Sam Frankie Fox** and multi-instrumentalist **Ricardo Santos Rocha** and the productions are supported by Curiosity Productions. Sam and Ricardo are very warm hosts as well as skillful musicians. Their combined experience and playful personalities ensure that events have an inviting, stimulating and relaxed atmosphere. Originally from Wales and Portugal, Fox & Rocha are based in the Midlands and work locally, nationally and internationally.

Fox & Rocha also regularly perform BAM: Babies' Adventures In Music concerts for babies aged 0-18 months and their grown ups. Beyond BAM, Fox & Rocha have a broad portfolio of live performance and recorded work, with projects having been presented at and with *Cheltenham Jazz Festival*, *The British Council Showcase* and *The Royal Shakespeare Company*. Biggest accolades include Fox's music being played on Jarvis Cocker's *Sunday Service* on BBC Radio 6 Music and Rocha's collaboration on the soundtrack of short animation film *Água Mole* (Drop by Drop) being presented at Cannes Film Festival 2017. Both also have extensive experience of working with children and adults with a range of disabilities and sensory impairments, and collaborate regularly with the charity *Sense*. *Suspended Motion*, a collaborative dance-film made with *Sense*, features their experimental musical work (scored to use *SubPac* technology), is currently being included within the official selections for a large number of international film festivals.

*'Fox's humour and passion, Rocha's virtuosity, are unmistakable'* The Guardian



## Curiosity Productions

Curiosity Productions was established in 2017 by Jenny Martin. We produce accessible and inclusive creative events and opportunities that nurture, develop and raise the profile of creatives, artists and local communities. We also carry out consultancy, training and professional development in a range of settings. Jenny has worked in the cultural sector for 24 years and has extensive experience of delivering projects at a variety of scales in community and formal settings including festivals and large-scale participatory projects. Jenny is also a parent and started working with Fox & Rocha as their producer after coming to a BAM concert with her own baby in 2018.



# Fox & Rocha

Photographs by Janthra Photography and Rachel Bunce